



BOARD OF HEALTH MEETING MINUTES

Tuesday, October 23, 2018

BOARD MEMBERS:

Larry Church, Commissioner, Payette County (Excused)
Nate Marvin, Commissioner, Washington County
Tom Dale, Commissioner, Canyon County
Kelly Aberasturi, Commissioner, Owyhee County
Bill Brown, Commissioner, Adams County (Excused)
Sam Summers, MD, Physician Representative
Bryan Elliott, Commissioner, Gem County

STAFF MEMBERS:

Nikole Zogg
Doug Doney
Patty Foster
Katrina Williams
Carol Julius
Brian Crawford

GUESTS: Brian Mohr, Clay Roscoe

MEETING CALLED TO ORDER -- CHAIR

Chairman Bryan Elliott called the business meeting to order at 9:01 a.m.

REQUEST FOR ADDITIONAL AGENDA ITEMS

Chairman Bryan Elliott asked for additional agenda items. No additional agenda items were noted.

MOTION – Commissioner Dale moved to approve the agenda. Commissioner Aberasturi seconded the motion. Motion passed unanimously.

INTRODUCTION OF NEW EMPLOYEES

Doug introduced Brian Mohr, SWDH Facilities Manager. Nikki Zogg introduced Dr. Clay Roscoe, SWDH medical director.

REVIEW AND APPROVAL OF 09/19/18 MINUTES

Board members reviewed Board minutes from September 19, 2018. No changes were noted.

MOTION: Commissioner Aberasturi made a motion to approve the September 19, 2018 minutes as presented. Dr. Summers seconded the motion. Motion passed unanimously.

REVENUE AND EXPENDITURE REPORT:

Financial Manager, Patty Foster, presented the September financial report. The target percentage for the end of September was 25%. Revenues reached 31% and our expenditures were at 22%. Patty explained that revenues look a little inflated right now due to the invoice that was sent to the Idaho Department of Health and Welfare for the crisis center remodeling funds. Revenues are counted when the invoices go out.

BUDGET ADJUSTMENT REQUEST

Patty asked Board members to consider moving \$25,000 out of the trustee's benefit account into operating expenditures to allow the Health Resources and Services Administration (HRSA) grant funds previously designated as pass through funds to be expended directly out of operating expenditures. Patty has discussed this with our Division of Financial Management (DFM) analyst and has approval.

MOTION: Commissioner Aberasturi made a motion to move \$25,000 out of the trustee's benefit into the operating expenditures account. Commissioner Marvin seconded the motion. Motion passed unanimously.

PARTNERSHIP FOR SUCCESS GRANT

The Office of Drug Policy (ODP) awarded Southwest District Health a Partnership for Success Grant. This 5-year \$215,000 grant comes as pass through funds from ODP to support a new position with an emphasis on substance abuse prevention out in the community.

SWDH anticipated this position beginning next fiscal year; however, the grant funds are available immediately. The contract language specifically excludes time for supervision and indirect costs, which include finance, infrastructure, and I.T. support. Nikki visited with ODP and ODP indicated they will likely allow at least some portion of indirect costs and supervision to be billed but not 100%. Nikki asked board members for direction in accepting the grant.

At the end of each year, we generally have funds left over in our spending authority. Patty anticipates that there will probably be enough to absorb the additional indirect expenditures and supervision costs.

Board members discussed the benefits received from absorbing the indirect rate expense and cost of supervision. Board members agree Idaho's behavioral health system is very inadequate. Board members directed Nikki to support the grant. Board members also asked Patty to identify areas that have district dollars available to help fund this position. Patty will ask next month for a budget adjustment to increase spending authority by that amount.

DIABETES PREVENTION PROGRAM SPECIAL REPORT

Juanita Aguilar provided information on the Diabetes Prevention Program (DPP) offered by SWDH. She explained that about 10% of the adult population in Idaho has diabetes and approximately 35% of Idaho's population has pre-diabetes. The cost in Idaho for total direct medical expenses are about \$1 billion. Three hundred and four million dollars were spent on indirect costs including loss of productivity. She also explained that health care expenses are 2.3 times higher for people with diabetes and people with prediabetes are 5 to 15 times more likely to develop type 2 diabetes.

The DPP program requirements are: 18 years of age or older, BMI greater than 25, and an A1C test between 5.7 and 6.4 within the last 12 months. Participants who self-identify as at risk may also qualify. The DPP program is a lifestyle change program to help make positive choices. Participants aim to lose 5-7% of their body weight and get 150 minutes of physical activity per week to lower their risk of type 2 diabetes by about 58%. The program is a year-long commitment. The first nine sessions are weekly, the next 11 sessions are bi-weekly and the last four sessions are once per month.

The Diabetes Prevention Program uses the Centers for Disease Control (CDC) approved curriculum and the course includes weekly weigh-ins, food tracking, activity tracking, attendance and participation. Juanita explained that the DPP program and participants must meet the CDC criteria for SWDH to receive credit.

The program's first cohort started in August 2017 with 12 participants and ended with six participants completing the program. The participants lost a total of 78 pounds. Each participant lost between five and 9 percent which is in alignment with the CDC national DPP standards. The DPP program met all of the needed criteria for their first cohort.

In August 2017, SWDH applied for pending recognition through the CDC. After twelve months in pending status SWDH was able to apply for preliminary recognition. This required at least five participants who met the class attendance and weight loss requirements. Once SWDH attains full recognition Medicare reimbursement can be applied for.

Sustainability Plan for DPP

Juanita explained that outreach needs to be targeted to providers. Providers intend to refer patients but often run out of time with the patient or forget to provide the referral. She explained that one barrier is having to chart the patients in the electronic medical record systems and the extra piece of paper for the DPP referral form is often forgotten.

Increasing referrals is a face to face process reminding providers that the program is available. Claudia Ornelas, SWDH Health Education Specialist, is available to work with clinics to incorporate the referral forms in to the work flow process.

Part of the DPP sustainability plan is getting the preliminary status and applying for the Medicare reimbursement which is about \$450 per person. Juanita explained that SWDH DPP is working with Solera, a company that markets programs to the insurance companies. Solera reimburses SWDH for meeting certain milestones with them. Their reimbursement is \$345.60 per class participant that meets the attendance and weight loss requirements.

PUBLIC HEALTH DISTRICT SUPPORT OF PROP 2

Idahoans for Healthcare has been leading an effort to close the health care coverage gap in Idaho. The group has asked all the public health districts for a letter of support. This was discussed at the last Board meeting. Nikki asked for guidance from the Board members on whether or not to write this letter.

MOTION: Commissioner Dale made a motion to write a letter of support as requested by the Idahoans for Healthcare. Dr. Summers seconded the motion. The motion passed with unanimous support.

COMMUNICATIONS/MARKETING PLAN

Katrina provided information regarding current and planned marketing efforts. Commissioner Marvin suggested asking the counties about posting a link on their websites to the SWDH website.

Action item: Katrina will reach out to the county clerks and city clerks to inquire about the possibility of putting a link to our website.

FOOD FEE ESTABLISHMENT UPDATE

Nikki and Commissioner Dale met with Pam Eaton and Melinda Merrill, industry representatives who represent most of the grocery stores and restaurants across the state. Both representatives were fairly receptive to the proposed new food fees. Board members asked how other districts have chosen to proceed. Nikki explained that the stance of the other districts is mixed.

Nikki asked for guidance from Board members regarding how to notice the proposed new fees. Typically, the health district does not notice fees. She asked board members if they have a preference for a public hearing. Board members agree transparency is best and agree that publishing a legal notice of public hearing for two weeks prior to the proposed hearing date is sufficient.

Action items: 1) SWDH staff will present the new proposed fees at the next Board of Health meeting. 2) Nikki will contact SWDH legal counsel regarding properly noticing the proposed new fees. 3) Katrina will draft a legal notice for hearing and submit it to the main paper for each of the six counties in our region.

CRISIS CENTER UPDATE

Nikki asked for guidance regarding the proposed amortization schedule included in the lease for the Cornerstone Building. There are two options – a 2-year amortization and a 5-year amortization. Board members discussed the two options.

MOTION: Commissioner Dale made a motion to authorize the BOH chairman to sign the contract based upon the financial manager's recommendation. Commissioner Marvin seconded the motion. Motion passed through unanimous consent.

DIRECTOR'S REPORT

Community Health Action Teams (CHAT) staff are standing up teams in each of the six counties SWDH represents. Nikki asked Board of Health members if they know of any retired business executives in their counties that may be interested in engaging. The thought is individuals with business backgrounds may be helpful in moving these CHAT groups forward. Nikki asked Board members to pass on names of any community members that may be interested.

There being no further business, the meeting adjourned at 11:16 a.m.

Respectfully submitted:

Approved as written:


Nikole Zogg
Secretary to the Board


Bryan Elliott
Chairman

11/27/18
Date